

Directions	Mileage
Start at the West Ashley Green Way Trail Head (McLeod Mill Rd)	0
Turn LEFT onto Wesley Dr.	7.75
Turn RIGHT onto Hwy 61 (where Wesley Dr terminates)	
REJOIN US 17 to cross over Ashley River	
Turn LEFT onto Lockwood Dr.	9.25
FOLLOW Lockwood Blvd - Turns into Fishburne St in front of stadium	
Turn LEFT onto Hagood Ave	
Turn RIGHT onto Huger St	
Turn LEFT onto Elmwood Ave and go across street to Mary Murry Drive	
Stay on Mary Murry Drive and make one loop around Hampton Park	
Exit Hampton Park and cross over to Elmwood Ave	11.5
Turn RIGHT onto Huger St	
Turn LEFT onto Hagood Ave	
Turn RIGHT onto Fishburne St and follow to Lockwood Blvd	
FOLLOW Lockwood Dr. around to Broad St.	13.5
Take LEFT on Ashley Ave. and take a lap on the path around the lake	
Take RIGHT onto Broad St.	
Take LEFT onto Chisholm St.	
Take RIGHT onto Tradd St.	
FOLLOW Tradd St. around to Murray Blvd.	
FOLLOW Murray Blvd around to E. Battery	
E. Battery changes name to E. Bay St.	
GUIDE RIGHT onto bike path that crosses the Arthur Ravenal bridge	18
Once over the bridge, take RIGHT onto sidewalk that leads under bridge	
Take LEFT onto Harry M. Hallman Jr. Blvd.	
Take RIGHT onto Patriots Point Rd.	
Follow Patriot's Point Rd to the first traffic circle and take FIRST road to the LEFT	
Turn Right onto Trail (Hog Island historical marker will be near trailhead)	

Directions	Mileage
Turn AROUND at the Hog Island Trail and Observation Deck	22.25
Turn LEFT onto Patriots Point Rd.	
Follow Patriot's Point Rd to the first traffic circle and take FIRST road to the RIGHT	
Turn RIGHT onto Coleman Blvd.	23
Turn RIGHT into Shem Creek Park and follow onto boardwalk	23.75
Take first RIGHT to follow Shem Creek Boardwalk	
TURN AROUND at end of Shem Creek Boardwalk	
Take RIGHT to stay on Shem Creek Boardwalk	
Turn LEFT onto dock on river	
Turn RIGHT onto Coleman Blvd.	
Guide RIGHT onto Whilden St.	25
Turn RIGHT onto Hibben St.	
Turn LEFT onto Church St.	
Turn RIGHT onto Venning St.	
Turn near immediate LEFT onto Pitt St.	
Turn RIGHT on McCants Dr.	
Turn LEFT onto Middle St.	
Turn LEFT onto McCormick St.	26
Turn RIGHT onto Pitt St.	
Continue STRAIGHT onto Pitt St. Bridge	
TURN AROUND at end of Pitt St. Bridge	27
Renter Pitt St.	
Turn RIGHT onto Center St.	
Turn RIGHT onto Ben Sawyer Blvd	29
Ben Sawyer Blvd. Changes name to Station 22 1/2 St.	
Turn RIGHT onto Middle St.	31
GUIDE RIGHT to stay on Middle St.	
Turn RIGHT onto Conquest Ave.	

Directions	Mileage
Conquest Ave. changes names to Osceola Ave.	
Turn LEFT onto Middle St.	33
Turn RIGHT onto Jasper Blvd.	
Jasper Blvd. changes name to Palm Blvd. after crossing Breach Inlet	37
Follow Palm Blvd to 33rd Ave and make a U Turn	39.5
Turn RIGHT onto Isle of Palm Connector	40
Turn RIGHT onto N. Hwy 17	44
Turn LEFT onto Park W. Blvd.	
Turn LEFT onto Park W. Blvd.	48
Turn LEFT into Park West Recreation Fields (NOT school entrance)	
FOLLOW ROAD back to the Peyton Johnson Moore Track	49
Out and back from the Rock (400 meters) and touch the Rock to finish	50